Flexible Instructional Day (FID)

## Grade Three: Ms. Lewandowski's Class

Below you will find a menu of options that your child may choose from to complete his/her assignments for our FID. Please check which items your child completed, return the menu to me within five instructional days so your child can receive credit for attendance for the day. (Credit will mean your child's attendance will be marked as present for this day since they completed the assigned work).

If you have any questions, I will be available throughout the school day via email at:

ilewandowski@northallegheny.org

English	Language Arts (pick two) <u>ilewandowski@northallegheny.org</u>
	Study Island FID Lesson
	Read (20 min)
	Spelling City (10 minutes)
	Journal Writing (using paper, Notability, Word, or Google
ſ	Doc. (1 paragraph)
Math (pick two): Please email questions to your child's math teacher	
	owski@northallegheny.org
	an@northallegheny.org
astein@northallegheny.org	
shinkson@northallegheny.org	
□ S	study Island FID Lesson
☐ R	Reflex Math (Green Light)
□ P	Personal Math Trainer from current or previous chapter (10 min)
□ M	Math Book Problems (10-20 problems from previous lessons)
Science	(pick one) add <u>ilewandowski@northallegheny.org</u> (1st and 3rd grading period)
□ U	Ise recycled or materials found at home to build an invention (20 min)
□ U	Ise research tools to explore a science topic and list 5 facts learned
Social S	studies (pick one) akauffman@northallegheny.org (2 <sup>nd</sup> and 4 <sup>th</sup> grading period)
□ W	Vrite a letter to a famous historical figure (1 paragraph)
□ D	Praw a map of a place in or around your home (20 minutes to draw and label)
	Vrite a paragraph on how the community functions when there is a lot of snow or ice

Your child only needs to complete the activity for GOAL if they were scheduled to attend a session with the GOAL teacher today. All questions regarding these assignments should be directed to the GOAL teacher.

GOAL (pick one) pfrank@northallegheny.org

<ul><li>Read a book in a favorite spot (20 min)</li><li>Work on individual research or IO project (20 min)</li></ul>
Please check the building website to determine which special area class your child has today. Your child only needs to complete the activity for the special missed today. All questions regarding these assignments should be directed to the special area teacher.
Art (pick one) rjackson@northallegheny.org (Thursdays)
<ul> <li>Build a sculpture (15 min) - (ex: snowman, playdoh, Legos, etc.)</li> <li>Create an original artwork using Notability or the Tayasui Sketches School</li> <li>Explore 2 or more NGA Kids activities (15 min)</li> <li>Create an original artwork, your choice of medium (15 min)</li> </ul>
<ul> <li>Music (pick one) mmonahan@northallegheny.org (Fridays)</li> <li>Living Room Performance - perform songs from music class or orchestra for your family. Take a video if you would like. (15 min)</li> <li>Find a household item in your home and create music with it. Take a picture of what you created and post it to Seesaw. (15 min)</li> <li>Listen to a piece of music of your choice and find the steady beat. Create different rhythmic patterns using body percussion. (15 min)</li> </ul>
Health and Physical Education (pick one) bhudec@northallegheny.org (Wednesdays)
<ul> <li>Complete at least 2 posted workouts (from your HPE teacher's website)</li> <li>Create a workout with at least 2 of the 3 fitness components (cardio, muscular fitness, and flexibility (optional - video and share)</li> <li>Be physically active outside (15 min)</li> </ul>
Library (pick one) dmautino@northallegheny.org (Tuesdays)
<ul> <li>Read a book or an ebook (15 min)</li> <li>Write a book review in Destiny</li> <li>Use code.org, codeSpark, or Tynker to practice coding for (15 min)</li> </ul>
Student's Name:
Parent/Guardian's Signature:
Date:

A COPY OF THIS PAGE CAN ALSO BE FOUND ON YOUR CHILD'S HOMEROOM TEACHER'S WEBSITE.